

The Institute Quarterly

Vol. VII No. 2 • June 2010

INSTITUTE FOR FAMILY MEDICINE

Mission

To improve the health and quality of life for disadvantaged children and families by reducing access barriers and delivering quality health care services.

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IFM AND STAFF HONORED

The Institute for Family Medicine and its staff have had a busy spring. IFM's community work involves strong collaborations and partnerships with other agencies and school districts, and over the last several months, IFM and members of the staff have been honored by a number of community organizations.

St. Louis Public Schools Community Partner

St. Louis Public School (SLPS) held its 42nd Community Education Councils' Annual Award Ceremony on May 7, and presented IFM and Family Nurse Practitioner Cathy Koetting with the Community Partner award. This year, in addition to continuing the work IFM has done with SLPS, Cathy Koetting, DNP has pioneered a health program at the Bevo-Long Community Education Council. Cathy, who is also an adjunct faculty member at St. Louis University, supervised a group of nursing students in the development of health education and screening programs for the residents of the Bevo-Long community.



Patrice Crotty of the Bevo-Long CEC presents IFM's Cathy Koetting, DNP, APRN, NPC, CPNP with the SLPS Community Education Council Community Partner Award.

St. Louis Crisis Nursery Man of the Year

IFM CEO David Campbell, MD, was presented with the Man of the Year award by the St. Louis Crisis Nursery. The Institute has been partnering with the Crisis Nursery for 3 years as the medical provider, administering

physical exams and addressing acute illnesses for children admitted to the program. The Crisis Nursery operates five sites in the St. Louis area, providing a safe haven for children whose families are facing a crisis. The award was presented to Dr. Campbell at the St. Louis Crisis Nursery's Annual Razzle Dazzle Ball in March.



David Campbell, MD receives St. Louis Crisis Nursery Man of the Year Award

Molina Healthcare Advocacy and Civic Leader Award

Molina Healthcare also recognized Dr. Campbell with one of their Community Champion Awards in March. Molina Healthcare is a large healthcare insurer providing Medicare and Medicaid managed care services to over 1.2 million individuals in 10 states. Their award ceremony was held at the St. Charles Convention Center and honored agencies and individuals in the community that have given selflessly in the area of healthcare. Members of IFM staff attended the banquet and supported Dr. Campbell as he accepted the award for Advocacy and Civic Leadership. Molina also presented each of their awardees with a check for \$1000 which Dr. Campbell donated back to IFM.



Director's Column

“With our resources, and your resources, everyone will benefit”

This quote is a translation of a Maori* proverb, and serves to introduce the goal of IFM's volunteer program. For a number of years, I have been asked if IFM accepted volunteers. We have benefited from many hours of volunteer service over the years. A faithful group of individuals has assisted us with our mass mailing, our fundraising event planning, and even our housekeeping and maintenance. We have also had a number of wonderfully talented young people from the Vincentian Americorps Volunteer program. This past year, our Vincentian Volunteer was a licensed registered nurse, Shannon Duffy. Unfortunately her year of volunteer service is coming to an end, but she helped us see the potential of expanding services to our vulnerable patients by expanding our Professional Volunteer (RN, NP, MD, DO) Program.

While Americorps volunteers are essentially 40 hour per week full time volunteers, I believe there are many individuals who would welcome the opportunity to share their professional services with the vulnerable populations that IFM serves on a once a week, or even once a month basis. The challenge for IFM is to provide a structure for that service.

This is exactly what we plan to do. We hope to identify a dedicated and qualified group of professionals who can assist our full time staff and allow us to expand our programs to disadvantaged children, adolescents, and families. Understand that I see this as a significant undertaking, because we not only have the responsibility to the volunteers

to provide a structured program, we have our solemn responsibility to our patients and our partners to provide a high quality and consistent level of care.

If you have an interest in following the development of our professional volunteer program, please check our website frequently at www.ifm-stl.org. Remember, by bringing together our resources and your resources everyone will benefit.

Maori Proverb
Ko taku rourou
Ko tau rourou
Ka ora te tangata

(* The Maori are an indigenous Polynesian people, who first settled in New Zealand prior to 1300)

Dave Campbell, MD
Executive Director and CEO

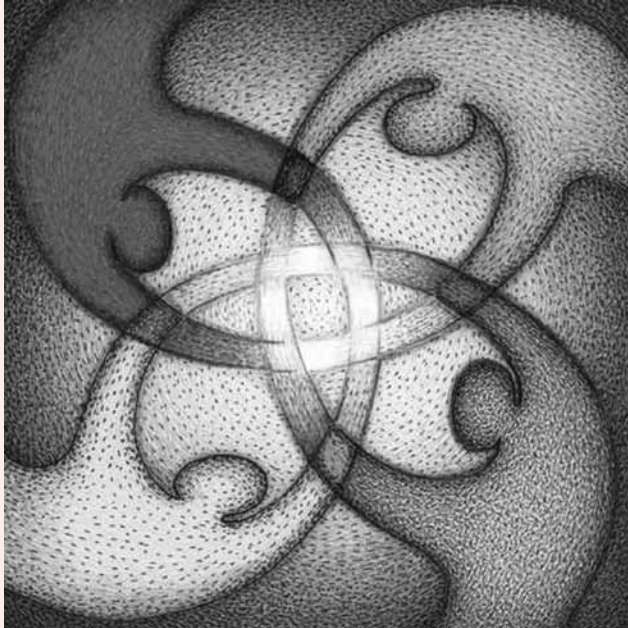
**Contacting
the Institute for Family Medicine:**

4590 South Lindbergh Blvd.
St. Louis, MO 63127
(314) 849-7669
FAX (314) 849-7670
www.ifm-stl.org

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Save the Date

5th Annual Salute to Community Champions Gala



Saturday evening, November 13, 2010

St. Louis Ballpark Hilton

Honorary Chairperson:
KMOV News Anchor Larry Conners

Celebrating the People We Serve

The evening will include a reception, silent auction, dinner, and entertainment that celebrates the ethnic diversity of the people we serve.

For more information, or to make reservations, check the website at www.ifm-stl.org (Click on the Events tab) or contact us at 314-849-7669 x109.

Nominate a Community Champion

Each year, since 2006, the Institute for Family Medicine has recognized individuals and organizations that make significant, but often unheralded contributions to health care for vulnerable and disadvantaged individuals with the IFM Community Champion Award. These awards are presented in five categories, including (1) Individuals; (2) Not-for-profit or faith-based organizations; (3) Health care or health education organizations; (4) Individuals in media, or media organizations; (5) Individuals in government, either elected, appointed, or employed.

To make a nomination, go to the IFM web site at www.ifm-stl.org, and print out the nomination form. (Click on the Events tab)

Interested in being a sponsor?

IFM offers four different levels of sponsorship for the fall Gala. Sponsors receive signage at the event, an ad in the event program and a VIP table for 10. For more information or to become a sponsor please visit the Event's tab at www.ifm-stl.org



IFM Takes Community Leaders on ROAD TRIP

It was a bright, sunny day in May as several community and business leaders gathered in downtown St. Louis to board the Zee Express “party” bus and head out on the first IFM Road Trip. The goal was to visit some of the community sites where the Institute for Family Medicine has established health clinics. The first stop – the St. Louis Public School (SLPS) International Welcome School!



Community leaders learn more about IFM and the International Welcome School during Road Trip

As part of the partnership with SLPS, IFM has developed a school based health center on location at the International Welcome School. This school is the first stop for refugee and immigrant children who have settled in St. Louis. The school serves approximately 200 students from elementary to high school. Taught in age appropriate classes, students can acclimate to a new culture and language before transitioning to traditional schools. Samantha Marquard, MSN, MPH, family nurse practitioner is the primary provider and sees the students for entry physical exams, immunizations, and acute health care needs. After hearing about the benefits of the clinic from Richelle Clark, SLPS director of health services, and Nahed Chapman, SLPS director of the English for speakers of other languages program, the group re-boarded the bus and headed for the Youth-In-Need facility in south city.

The Institute for Family Medicine – South City location at 3001 South Meramec is a prototype for how IFM has woven together partnerships that mend the holes in the healthcare safety net. The clinic is located in space made available by the Youth-In-Need (YIN) Head Start program, and serves not only the children enrolled in that Head Start program and their families, but also Vietnamese families that live in that neighborhood. The Vietnamese health program is a partnership between IFM and Catholic Charities South Side, who provides the translator and case manager.

The road trip participants heard first hand of the benefits of the IFM South City clinic from Linda Armstrong, Director of YIN Head Start, and Courtney Berg, director of Catholic

Charities South Side. Before returning downtown, everyone enjoyed authentic homemade Vietnamese cuisine. Stay tuned, as plans are underway for “Road Trip, The Sequel . . .”

(Special thanks to Zee Express www.zexpressbusandlimo.com for their participation in this event)

Behind the Scenes – What goes in to the Annual Gala?

We could start with a riddle, but only a few would understand it, and no one would think it was funny. So . . . what starts about one month after the annual gala and continues right up until the next annual gala? Got it? It’s the planning committee meetings for the annual event.



From left to right: Hannah Gilk, Lizanne Campbell, Julie Feldner, Veronica Campbell, Abby Borgmeyer, Becca Castaneda, Lisa Bauer, Michelle Schmitt, Emily McNulty. Not pictured: Nancy Sublette, Lynn Abernathy, Samantha Marquard, Janet Conners, Margaret Benz, Jeanie Ridings.

IFM is fortunate to have some very dedicated volunteers and staff who commit countless hours to the planning of each year’s fundraising event. Within a month after the completion of one event, the committee gathers to review every detail – what do we want to do again – what shall we learn from and move on? After a break for the

holidays, the group gathers monthly and as the event gets closer the meetings get more frequent. In between meetings, individuals and subcommittees are soliciting auction items, requesting sponsorships, contemplating vendors for entertainment, printing, etc. MOXI Events provides professional guidance to the group.

We are very grateful for the commitment of these individuals, some staff, some board members, many volunteers, and all working above and beyond to make the Annual Salute to Community Champions a success, and to help IFM raise funds to do our work.



Collaborator's Corner

The importance of collaboration cannot be overstated. Several of the Institute's programs involve other organizations as key collaborators. We intend to recognize a key collaborator in each issue of the Quarterly.

Every Child's Hope, previously known as Evangelical Children's Home, is an agency that reaches out to underserved children and families in the St. Louis and Kansas City areas. Started in 1853, ECH opened as an orphanage for children left homeless due to an outbreak of Cholera. The orphanage has grown over the past 150 years to become not just a residential facility for children whose families are not



Front Left to Right: Myiesha Nichols, LPN, Kathy Bernhard, MD, Becky Gesellschaft, RN, Mike Brennan, MSW, LCSW, Sharon Veit, MS, LCSW

able to care for them, but an agency that offers programs ranging from Family Care Reunification services to Foster Care Management. ECH currently has 54 on-campus residents, 25 children in their Transitional Living

program, 300 children served in the community, and they operate an on-campus school with 25 students.

Mike Brennan, ECH's Director, saw a need for their adolescent residents to have accessible medical care on-site. Prior to the partnership with the Institute, ECH received their medical care through the Deaconess Hospital Family Residency Program where Dr. Campbell served as program director. In 2001, Dr. Campbell agreed to continue his relationship with the agency through IFM and became their Medical Director. It had been a huge stress on the staff of ECH to shuttle children back and forth for medical needs. To have a partner willing to come to their residential facility was, in the words of Mr. Brennan, "a Godsend".

Each child admitted to the program needs yearly check-ups, not to mention needing emergency exams due to illnesses. Having on-site medical care 2 days a week allows for more comfortable exams, and has proven to be a more cost effective way of getting care to each patient. Currently, IFM physician Kathleen Bernhard, MD sees patient's on-site twice a week. ECH has a clinical facility that is staffed with nurses 5 days a week to accommodate patients when Dr. Bernhard is unavailable. Dr. Campbell and Dr. Bernhard are also on-call for ECH for after hours medical issues.

Gifts & Grants

As a 501 (c)(3) not-for-profit organization providing medical care to the under-served, we remain dependent on the generosity of individuals, corporations, and foundations. We are grateful to all who have contributed. Included below is a list recognizing those who have supported the Institute's mission financially since our last newsletter.

Don Hudson
Traci Marquis-Eydman
Helen C Hanna (In memory of Jim & Veda Lynn)
Cuong Phan
Michelle Schmitt
Molina Healthcare
Lou & Ken Piotrowski (In memory of Jim & Veda Lynn)

List of Current Grantors:

Missouri Foundation for Health
Daughters of Charity Foundation of St. Louis
American Medical Association
Washington University (with funding from MFH)
The Saigh Foundation



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**Mark Your Calendars for the 2010 Community
Champions Dinner November 13, 2010**

Check the web site for details www.ifm-stl.org

Comings and Goings

It's never easy to say goodbye, but a little easier when it is associated with profound mutual admiration. This year we will bid farewell to two of our long standing board members.

Father Romain (Jerry) Morales, CM, RN, joined the board in 2000, as part of the Institute's inaugural board of directors. He has been an outstanding member over the past 10 years. Through his involvement, IFM has been able to secure volunteers for the Salute to Community Champions event for the past 3 years. He has served as an integral member of the governance committee as well. Due to his increased responsibilities with his Parish he is resigning from the Board of Directors, but plans to continue to be a strong advocate in the community.

Danny Wedding, Ph.D., has also been a committed member of the board for many years. Danny joined in 2004 and except for a year working abroad in South Korea, has been a very dedicated and involved member. Danny accepted

a job offer that will be taking him to California in the fall.

Although saddened to see both of these important members leave, we are grateful for their time and dedication to this organization.

Heidi Worabo, MSN, has joined the Institute staff as Family Nurse Practitioner. She previously worked for Children's Gastroenterology of St. Louis. She graduated with her Masters in Nursing from Southern Illinois University Edwardsville and is currently pursuing her Doctorate of Nursing at University of Missouri St. Louis. She will be active in our school health program, at the Hancock School based health center, and at North Central Health Center.



*Heidi Worabo examines
IFM patient*